

# KSHARSUTRA AYURVEDA PROGRAM



RAISE YOUR CAREER WITH GLOBALLY ACCLAIMED INSTITUTE



Global Institute Of Health Science<sup>TM</sup>

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# KSHARSUTRA AYURVEDA

Global Institute of Health Science is a pioneer in health science education especially in distance & online education. Global Institute of Health Science is an ISO 21001:2018 Certified health science Institute & globally acclaimed, also certified with copyright approval from IPR Government of INDIA. GIHS have international certification from UASL UK for Quality Control Management System.

## WHY CHOOSE US

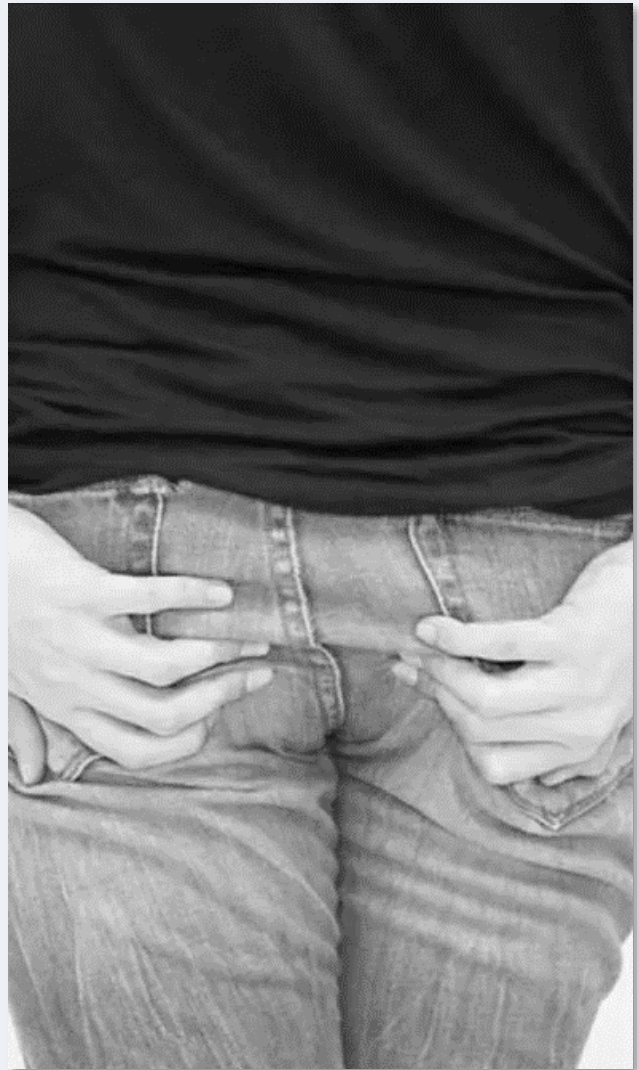
- ✚ BRINGING EXCELLENCE TO HEALTH PROFESSIONALS
- ✚ 10+ YEARS OF EXPERIENCE WITH INTERNATIONAL EXPOSURE
- ✚ INTERNATIONAL ACLAIMED WITH ISO & GOVT APPROVED
- ✚ LIFETIME FREE PERSONALIZED TUTORING FOR SUCCESS

**ksharsutra** certificate course training is a kind of medication described in ayurvedic texts for the management of various disorders mostly in ano-rectal disease.

The word **kshara** is derived from the root kshar, means to **melt away**. The Kshar-sutra was first mentioned by the “Father of Surgery” Sushruta in his text named SUSHRUT – SAMHITA for the treatment of Bhagandara (fistula- in – ano), Nadi Vrana (sinus), Arsha (Piles), Arbuda (Excision of small benign tumour) etc. Kshar-sutra procedure is one of the most effective para-surgical procedure of Ayurveda.

This **technique of Ayurveda** provides a safe, economical, given 100% result to the variety of all Ano-rectal diseases like Anal Fistula (bhagander), Piles (arsha), **Chronic Anal Fissure (Parikartika)**, Pilonidal sinus (nadivrana), Rectal Polyp, Anal Condyloma etc.

The GIHS online ksharsutra course certification objectives are to prepare candidates with update knowledge and skill in the field of ayurveda.



# SYLLABUS

## KSHARSUTRA AYURVEDA

Introduction to Shalya Tantra – definition and importance of Shalya Tantra, qualities of surgeon. Trividha karma- Poorva karma, Pradhan karma and Pashchat karma (preoperative, operative and post operative) procedures related to application of Kshara and Kshara Sutra in ano-rectal disorder & Surgical ethic. Basic surgical concepts and practice of surgery & Anatomy and physiology of ano-rectal region.

### Ayurvedic View

Anatomical concepts of Guda in Ayurveda, development, various measurements, Guda vali, Uttaraguda and Adharaguda, Guda as a Marma. Function of Uttarguda and Adharaguda. Importance of Guda valis and their functions in act of defaecation. Concept of Apana Vayu and its function. Importance of Apana Vayu in act of defaecation, micturition and its involvement in the development of various ano- rectal disorders. eatures of vitiated Apana vayu and measures of pacification.

Detailed description of Kshara & Definition, types- Pratisaraneeya Kshara and Paneeya Kshara, properties, pharmacological actions of drugs, chemical constituents, method of preparation, its standardization, sterilization and storage.

Indications, contraindications and complications of Kshara karma.

Ksharsutra preparation –Historical aspects, various drugs used for its preparation including their identification, collection, properties, pharmacological actions of drugs, chemical constituents, method of preparation, its standardization, sterilization and storage.

Indications and contraindications and complications of Kshara Sutra in Ano-rectal diseases.

Various other Kshara preparations like – Kshar varti and Kshar pichu. – Pharmacodynamics of Kshara.

Chemical analysis, pH value, probable mode of action like penetration, necrotic and dissolution actions of Kshara.

Description of Paneeya Kshara and its indications.

Detailed study of pharmacology of the following drugs used in the management of ano-rectal disorders.

- (a) Antibiotics (b) Laxatives (c) Analgesics and NSAID's (d) Haemostatics
- (e) Anaesthetic agents

Ayurvedic drugs used in ano-rectal disorders

National Guidelines and Managerial Part

Worldwide approach of KSHARSUTRA.

## ADMISSION PROCEDURE

- Enrollment online: [www.gihsonline.com](http://www.gihsonline.com) / Apply Online
- Online Access for Study Content within 48 Hours of enrollment
- Shipping of books with Latest updates with every enrollment (optional)
- Will Assign Personalized Professional Expert for Lifetime with no COST
- Online exam and Project submission
- Will award and ship two international certificates

## FEES DETAILS (All modes of payment available)

- Post Graduate Diploma Program (One Year) – 32000/- INR & Fees for International Candidates – 699 \$ USD
- Fast Track PG Diploma Program (4 Months) – 36000/- INR & Fees for International Candidates – 750 \$ USD

## STUDY METHODOLOGY

- Freelance method of study
- Read the books
- Make notes of your queries
- Need to mail or contact to our expert
- Experts will resolve... via mail or via call or Can arrange Session based on your queries
- Experts will support for lifetime to raise your knowledge & Expertise
- Our content is totally based on live cases and Industries best practices

## MODE OF EXAMS

- Login Details for online examinations after completion of the duration.
- 7 days to appear in online exams.
- Examination pattern would be Multiple Choice question MCQ
- PowerPoint project of minimum 30 pages of your own selected topic
- Successful Candidates would award with two certifications (DEGREE & TRANSCRIPTIONAL Degree)

## PLACEMENT SUPPORT

Will Share your profile globally for career growth. With the support of GIHS programs more than 2000 professionals are working in healthcare industry and having strong student & professional base in India, UK, USA, Canada, UAE, Russia, Australia and more.



Global Institute Of Health Science

# Certificate

This is to certify that  
**Dr Shriya Gupta**  
completed the one year programme of  
Post Graduate Diploma in  
Ksharsutra Ayurveda & Management  
offered by  
Global Institute of Health Science.  
during January 2021 to December 2021  
Upon successful completion of the programme  
**POST GRADUATE DIPLOMA**  
**IN**  
**KSHARSUTRA AYURVEDA & MANAGEMENT**  
is awarded to him/her this day the 03rd January 2022.



Cert. ID :6034ec058c91b

Academic Head

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Global Institute Of Health Science

POST GRADUATE DIPLOMA  
IN  
KSHARSUTRA AYURVEDA & Management  
(January 2021 to December 2021)

Dr Shriya Gupta  
GRADE SHEET & TRANSCRIPT

Introduction, Principles & History of ayurveda | Branches of ayurveda  
Introduction to Shalya Tantra  
Trividha karma- Poorva karma, Pradhan karma and Pashchat karma  
Sutra in ano-rectal disorders | Surgical ethics  
Basic surgical concepts and practice of surgery  
Anatomy and physiology of ano-rectal region  
Anatomical concepts of Guda | Function of Uttarguda and Adharaguda  
Concept of Apana Vayu and its function  
Detailed description of Kshara | Ksharsutra preparation  
Historical aspects | various drugs used for its preparation  
Indications and contraindications and complications  
Various other Kshara preparations | Pharmacodynamics of Kshara  
Chemical analysis | Description of Paneeya Kshara  
Detailed study of pharmacology | Ayurvedic drugs used in ano-rectal disorders  
| National Guidelines and Managerial Part | Worldwide approach of KSHARSUTRA

**Examination: 45/50**

**Project Work: 40/50**

**Total: 85/100**

**GRADE: A+**



ISO 21001:2018



MHRD (Higher Education)  
Reg No: SW - 12032/2018  
CR Act 1957



Academic Head

03/01/2022

Cert. ID : 6034ec058c91b

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## GIHS ADVANTAGE

GIHS provides best courses helps to get the start up in the healthcare field. These courses are ad-hoc to professional career and provides the additional benefit to be the part of an organization.

### OTHER PROGRAMS

#### Health Management Programs

• <a href="#">Health Informatics</a>	• <a href="#">Hospital Administration</a>
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• <a href="#">Healthcare Management</a>	• <a href="#">Nursing Management</a>
• <a href="#">Public Health Administration</a>	• <a href="#">Health Insurance</a>
• <a href="#">Blood Banking Management</a>	• <a href="#">Medico-Legal Systems</a>
• <a href="#">Medical Laboratory Technology</a>	• <a href="#">Medical Radiology Technology</a>
• <a href="#">Quality management for Hospital and healthcare organizations</a>	
• <a href="#">Disaster management for hospitals and healthcare organizations</a>	
• <a href="#">Hospital Infection Control &amp; Patient Safety</a>	

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• <a href="#">Clinical Research &amp; Pharmacovigilance</a>	• <a href="#">Clinical Data Management &amp; SAS</a>
• <a href="#">Regulatory affairs IPR &amp; Patent</a>	• <a href="#">Clinical Trials Management</a>

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• <a href="#">Nutrition &amp; Dietetics</a>	• <a href="#">Medical Transcription</a>
• <a href="#">Pregnancy Education</a>	• <a href="#">Gynaecology &amp; Obstetrics</a>
• <a href="#">Electroencephalogram (EEG)</a>	• <a href="#">Nuclear Medicine Technology</a>
• <a href="#">Anaesthesia Management</a>	• <a href="#">First AID (CPR/Emergency Care)</a>

#### Environment Health & Safety Programs

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• <a href="#">Occupational Health &amp; Safety</a>	• <a href="#">Industrial Safety</a>
• <a href="#">Food Safety &amp; Quality Management</a>	• <a href="#">Oil &amp; Gas Safety Engineering</a>
• <a href="#">Process Safety &amp; Engineering</a>	• <a href="#">Fire &amp; Industrial Safety MGT</a>

#### Ayurveda & Homeopathic Programs

• <a href="#">Panchkarma: Ayurveda</a>	• <a href="#">Garbhsanskar: Ayurveda</a>
• <a href="#">Naturopathy &amp; Yoga</a>	• <a href="#">Siddha: Medicine</a>
• <a href="#">Ksharsutra: Ayurveda</a>	• <a href="#">Classical Homeopathy</a>
• <a href="#">Materia Medica: Homeopathy</a>	• <a href="#">Repertory: Homeopathy</a>

<https://www.youtube.com/@globalinstituteofhealthscience/videos>