Global Institute Of Health Science™

CERTIFICATE · PG DIPLOMA · FAST-TRACK PG DIPLOMA

GARBHSANSKAR: AYURVEDA

A rare combination in one programme — and one fee.

NEW AI MODULE | LIFETIME 1-TO-1 EXPERT | FREE CAREER COACHING ₹9,999 | 2 INTERNATIONAL CERTIFICATES | 100% ONLINE

NEW · AI MODULE **NOW WITH AI IN GARBHSANSKAR EDUCATION, MATERNAL WELLNESS & DIGITAL LEARNING**

What's inside this brochure

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- **ISO 21001:2018** Educational organisation management
- **UASL** Germany / UK — quality management
- **GSAAA** USA — global accreditation
- **IPR, Govt. of India** Copyright approved

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PROGRAMME OVERVIEW

Build Future-Ready Knowledge in Garbhsanskar Ayurveda

Practical | Job-Oriented | Preconception | Pregnancy Wellness | Prenatal Yoga | Postnatal Care | Newborn Care | AI Literacy

Garbhsanskar is the Indian tradition of preparing for a child before, during and after pregnancy — physically, nutritionally, emotionally and environmentally. It rests on a simple observation that modern maternal health has since confirmed: what a mother eats, feels, hears and is surrounded by matters to the child she is carrying.

The GIHS Garbhsanskar Ayurveda programme turns that tradition into a structured professional education: preconception preparation, trimester-wise wellness, pregnancy nutrition and Ayurvedic Ahar, prenatal yoga and breathing, emotional and environmental care, birth preparedness, Sutika Paricharya and postnatal recovery, newborn care and child development — with the classical foundations behind all of it.

> **"Healthy Preparation · Positive Pregnancy · Informed Motherhood."**
>
> GIHS positions this programme around practical education, communication, wellness planning and family support — structured teaching that expectant families can use, delivered within the limits of what education can responsibly promise.

Why This Programme Stands Out

- Preconception, pregnancy and postnatal learning in one structured programme
- Traditional Garbhsanskar philosophy alongside modern anatomy, physiology and pathology
- Trimester-wise maternal wellness and daily-routine education
- Pregnancy nutrition, Ayurvedic Ahar and meal planning
- Prenatal yoga, pranayama, relaxation and safe-activity awareness
- Emotional wellbeing, music, reading and positive-environment concepts
- Birth preparedness, birth plans and childbirth education
- Sutika Paricharya, postnatal recovery and breastfeeding awareness
- Newborn care, infant nutrition, Rasayan and developmental milestones
- Garbhopanishad, the 16 Samskaras and the practical approach to Garbhsanskar
- NEW dedicated AI module for Garbhsanskar education and session planning

The Programme at a Glance

9	3 / 4 / 12	100%	Lifetime	MCQ + Project	2
Modules, including the new AI module	Months — Certificate, Fast Track or PG Diploma	Online & distance, study at your own pace	Free personal expert assigned to you	Online exam plus a 30-page project	International certificates awarded and shipped

REVISED SYLLABUS

Curriculum, Module by Module

The full GIHS syllabus, regrouped into 9 clearly sequenced modules so you can see exactly what each stage of the programme teaches and why it comes where it does. Module 9 is the new Artificial Intelligence module.

MODULE 01 Foundations of Garbhsanskar

What the tradition actually claims, and the modern science it has to sit alongside.

- Introduction to Garbhsanskar · the journey begins here
- Pancha Mahabhoot and human life
- Values lasting through multiple lifetimes
- Basics of anatomy, physiology and pathology
- Garbhopanishad · the 16 Samskaras
- The journey of vitalised Garbhsanskar
- Practical approach to Garbhsanskar
- Concepts of Ayurveda and Panchakarma therapy

MODULE 02 Preconception, Conception & Early Pregnancy

The stage most programmes skip — preparing before there is anything to prepare for.

- Preparing for pregnancy
- Conception in Garbhsanskar
- Femininity balance for conception
- Early days of pregnancy
- Preventing the risk of miscarriage

MODULE 03 Pregnancy Nutrition & Daily Care

What to eat, when to eat it, and what the day around it should look like.

- Diet during pregnancy · fruits and vegetables during pregnancy
- What and when an expectant mother should eat · the daily meal plan
- Do's and don'ts during pregnancy
- Essential activities for the expectant mother
- Remedies for minor problems

MODULE 04 Mind, Emotion & Environment

The part of Garbhsanskar that is most distinctive — and most often reduced to slogans.

- Nurturing the foetus · atmosphere at home
- Healing music and meditation · music for Garbhsanskar
- Book reading during pregnancy — what to read and what not to
- Positive thinking and spiritual life during pregnancy
- Grappling with emotions during pregnancy · how to de-stress

MODULE 05 Prenatal Yoga & Physical Wellbeing

Movement that is safe in each trimester, and the reasoning behind the limits.

- Yoga during pregnancy · walking during pregnancy
- Sukhasana, Padmasana, Vajrasana · deep breathing and stretching
- Prenatal yoga poses for every trimester
- Benefits of yoga in pregnancy and what must be followed
- Prenatal and postnatal yoga practice

MODULE 06 Communication, Bonding & Family Roles

Garbhsanskar is not only the mother's work — the household is part of the method.

- Culturing a foetus · communicating with the foetus
- Educating the baby in the womb · baby's brain and IQ
- Pre-birth bonding · how to talk to your unborn baby
- Role of the father
- Role of surroundings during pregnancy

MODULE 07 Childbirth Preparation & Postpartum Care

Walking in informed, and then the six weeks that get the least attention.

- Preparing for childbirth · natural childbirth
- Understanding medical interventions during childbirth
- Creating a birth plan · handling the fear of labour pain
- Introduction to postpartum care · immediate care of newborn and mother
- First breastfeeding · benefits and quality of breastfeeding
- Sutika Paricharya — Ayurvedic practice
- Physical and emotional changes · postpartum depression and sleep deprivation
- Breast-milk production · effect of doshas on breast milk

MODULE 08 Newborn Care, Nutrition & Child Development

From the first massage to the first words — care, feeding and milestones.

- Massage, bathing, Dhoop, clothing and sleep for the baby
- Diet for the baby — Ksheerap, Ksheerannad and Annad guidelines
- Rasayan (special herbs) and Ayurvedic tonics for the baby
- Child development milestones, teething and weight
- Music, toys, outdoor and imaginative play
- Developing eating habits · speaking skills · common diseases

MODULE 09 · NEW Artificial Intelligence in Garbhsanskar Ayurveda

Session Planning · Pregnancy Education · Wellness Documentation · Responsible AI

- Introduction to AI and Generative AI for Garbhsanskar educators
- Prompt engineering for maternal-wellness education
- AI-assisted trimester-wise educational content planning
- … and 19 further topics — the full module is set out on page 5

MODULE 09 · NEW HIGHLIGHT MODULE

Artificial Intelligence in Garbhsanskar Ayurveda

Session Planning · Pregnancy Education · Wellness Documentation · Responsible AI

This future-ready module introduces responsible applications of Artificial Intelligence and Generative AI in Garbhsanskar education and non-diagnostic maternal-wellness workflows. AI is a support tool for learning, organisation, education and communication — never a substitute for obstetric, medical, nutritional or Ayurvedic clinical assessment.

Key Topics Covered

- Introduction to AI and Generative AI for Garbhsanskar educators
- Prompt engineering for maternal-wellness education
- AI-assisted trimester-wise educational content planning
- AI-assisted class plans and teaching schedules
- AI-assisted pregnancy wellness diaries and educational trackers
- AI support for general nutrition-education materials — with professional verification
- AI-assisted yoga and wellness class documentation — with clinician-approved safety limits
- AI support for meditation, relaxation and positive-affirmation content
- AI-assisted FAQs for prospective parents and pregnant learners
- AI support for preconception and antenatal educational checklists
- AI-assisted birth-preparedness materials
- AI support for postnatal and breastfeeding-awareness content
- AI-assisted mother-and-child wellness education materials
- AI for multilingual learner communication
- AI-assisted presentations, worksheets, quizzes and case studies
- AI support for literature-search planning and evidence-summary organisation
- AI-assisted appointment, session and follow-up workflow organisation
- AI support for educational social-media and awareness campaigns
- Recognising AI hallucinations and unsafe pregnancy advice
- Identifying misleading claims about foetal intelligence, disease prevention or guaranteed outcomes
- Privacy and confidentiality for maternal and pregnancy information
- Responsible AI governance and human-in-the-loop verification

THE RESPONSIBLE BOUNDARY

Anyone can generate an answer with AI. The professional skill — and the one employers are now paying for — is knowing how to find what the AI got wrong.

AI must not diagnose a pregnancy condition, prescribe a medicine or supplement, judge foetal health, or replace obstetric and other qualified healthcare professionals. Marketing and teaching alike must avoid guaranteed fertility, foetal-development or medical-outcome claims — this module treats that as a professional obligation, not a disclaimer.

What This Module Adds to Your Career

AI gives a Garbhsanskar educator a real working advantage: trimester-wise content planning, session documentation, multilingual handouts for families who do not share your language, and structured programme calendars. The module spends just as long on the other side — recognising unsafe pregnancy advice in AI output, and refusing the guaranteed-outcome claim that AI produces so effortlessly.

AI-Enhanced Practice Exercises

Applied work that builds the verification habit, not just the prompting habit:

- Create a trimester-wise Garbhsanskar education calendar
- Prepare a preconception education session plan
- Develop a pregnancy wellness diary template
- Build a pregnancy-yoga class documentation template with safety-screening prompts
- Review AI-generated pregnancy advice and identify unsafe or unsupported statements

HOW YOU STUDY & WHERE IT TAKES YOU

Study Method, Certification, Skills & Career Pathways

Study Methodology

- Freelance, self-paced method of study around your work schedule.
- Study the books and course material provided with your enrollment.
- Note down your queries as you progress through each module.
- Contact your assigned expert by email or phone at any time.
- Experts respond by mail, by call, or arrange a session based on your queries.
- Lifetime expert support to keep raising your knowledge and expertise.
- All content is based on live cases and industry best practice.

Mode of Examination

- Login details for the online examination are issued on completion of the programme duration.
- A 7-day window is given to appear for the online examination.
- The examination pattern is Multiple Choice Questions (MCQ).
- A PowerPoint project of minimum 30 pages on a topic of your own choice.
- Successful candidates are awarded two certifications (Degree and Transcriptional Degree).

Learning Mode, Assessment & Certification

Mode	Online and distance learning, designed for working professionals.
Assessment	Online and distance examinations (MCQ / theoretical) and/or projects.
Certification	GIHS certificate awarded to successful candidates on completion of applicable requirements.
Career support	Placement support and CV-forwarding assistance for successful candidates.
Verification	Employers can confirm certificate authenticity through the official GIHS verification process.

Verified by GIHS itself — not by a third party. Every certificate carries its own certificate ID. An employer, university or registration body can confirm it directly at www.gihsonline.com/verify-certification — no third-party verification agency and no fee.

Practical & Job-Oriented Learning

The programme is built around the ability to plan and deliver structured educational sessions from preconception through postnatal care. Learners practise session planning, parent communication, wellness documentation, nutrition education and — just as important — referral awareness: recognising the red flags that belong with an obstetrician rather than an educator.

Career-Relevant Skills You Will Develop

- Garbhsanskar and Ayurveda conceptual knowledge
- Preconception and pregnancy wellness education
- Trimester-wise educational planning
- Maternal nutrition awareness
- Yoga, relaxation and mindfulness education concepts
- Maternal emotional-wellbeing awareness
- Birth and postnatal education
- Mother-and-child wellness communication
- Session planning and documentation
- Digital educational-content development
- Responsible AI-assisted learning and workflow skills

Career & Professional Pathways

The current GIHS course page lists **Garbhsanskar educator, maternal-wellness programme and parent-education pathways**. The programme can also support:

- Garbhsanskar educator / programme coordinator
- Maternal wellness education support
- Ayurveda and wellness centre programme support
- Pregnancy education programme coordination
- Yoga and maternal wellness education for qualified professionals
- Parent education and wellness content support
- Online Garbhsanskar education programmes
- Maternal-wellness workshop development
- Wellness entrepreneurship for appropriately qualified persons

Clinical practice, diagnosis, prescription, obstetric care and regulated healthcare services require the relevant professional qualification, registration and authorisation. This programme supports educational, coordination and wellness-support roles and complements an existing healthcare, Ayurveda, nursing, nutrition or yoga qualification.

PLACEMENT & CAREER ENHANCEMENT

What GIHS Does for Your Career After the Course

CAREER ENHANCEMENT INCLUDED FREE WITH EVERY ENROLMENT

Exclusive FREE CV & Interview Coaching — worth ₹9,999

FREE
worth ₹9,999

Join a GIHS programme now and unlock complimentary access to TopCV Coach, giving you the professional resume and interview skills you need to launch your career with confidence. Your profile is also posted on the TopCV Coach website, where a large recruiter and employer network is active.

Professional resume building
Build a CV that reads the way recruiters in healthcare actually screen.

Interview skills coaching
Practise and sharpen how you present your qualification and your new AI literacy.

Profile posted on TopCV
Your profile goes live on topcvcoach.com, in front of a large employer network.

No extra cost
Worth ₹9,999, included free with your GIHS enrolment.

TopCV Interview — Delivered with **www.topcvcoach.com** · included free with every GIHS programme enrolment

Where Our Graduates Are Making an Impact

Traditional medicine and wellness is a global market — GIHS learners work in Ayurveda and homeopathy practice, wellness centres and resorts, integrative hospitals, nutrition and fitness services, education and their own ventures.

Ayurveda & homeopathy clinics
Practice support, documentation and education

Wellness centres & resorts
Therapy programmes and centre coordination

Integrative & AYUSH hospitals
Departmental support, protocols and quality systems

Panchakarma & therapy units
Procedure scheduling, hygiene standards and aftercare

Nutrition, fitness & lifestyle
Diet planning, counselling and wellness programmes

Maternal & family wellness
Garbhsanskar, antenatal and parent-education programmes

Pharmaceutical & herbal products
Formulation knowledge, quality and regulatory support

Education, content & research
Teaching, academic support, writing and digital content

Independent practice & ventures
Classes, retreats, consulting and online programmes

WORKING GLOBALLY — India · UK · USA · Canada · Australia · New Zealand · UAE & Gulf · Saudi Arabia · Qatar · Oman · Russia · Germany · Ireland · Singapore · Malaysia · Africa · Europe

Placement support. More than 2,000 GIHS professionals are now working in well-known organisations worldwide, many of them after building CV and interview skills through the free TopCV Coach programme. GIHS shares your profile globally for career growth. Successful candidates receive placement support and their CVs may be forwarded to various organisations. Final employment remains subject to employer selection and role-specific eligibility.

Business & Entrepreneurship Value

Antenatal and parent education is a service expectant families pay for directly, and Garbhsanskar has a strong cultural pull that makes it one of the easiest wellness offerings to fill.

- Run Garbhsanskar classes, workshops and structured pregnancy programmes
- Deliver maternal-wellness education for hospitals, clinics and employers
- Build online Garbhsanskar courses and digital parent-education content
- Provide postnatal and newborn-care education services
- Offer multilingual maternal-wellness content and community programmes

Any regulated clinical service must only be provided within your lawful professional scope and applicable registration requirements. Career titles, eligibility and the right to practise depend on your prior qualification, experience, employer criteria and local regulation.

Global Institute Of Health Science

Certificate

OF POST GRADUATE DIPLOMA

This is to certify that

CANDIDATE NAME

has successfully completed the one year programme of **Post Graduate Diploma in Garbhsanskar: Ayurveda** offered by Global Institute of Health Science, during **MONTH YEAR to MONTH YEAR**. Upon successful completion of the programme

POST GRADUATE DIPLOMA

IN

GARBHSANSKAR: AYURVEDA

is awarded to him/her this day the **XX MONTH YEAR**.

Academic Head

CERT. ID : **gihs-XXXX-XXXXX**

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STATEMENT OF RESULT & STUDY

Grade Sheet & Transcript

CANDIDATE NAME	PROGRAMME PERIOD	TOTAL LEARNING HOURS
CANDIDATE NAME	MONTH YEAR – MONTH YEAR	600 Hours

PROGRAMME

Post Graduate Diploma in Garbhsanskar: Ayurveda

NO.	MODULE & TOPICS COVERED	HOURS	MAX	OBTAINED	%
01	**Foundations of Garbhsanskar** Introduction to Garbhsanskar · the journey begins here; Pancha Mahabhoot and human life; Values lasting through multiple lifetimes; Basics of anatomy, physiology and pathology; Garbhopanishad · the 16 Samskaras; The journey of vitalised Garbhsanskar; Practical approach to Garbhsanskar; Concepts of Ayurveda and Panchakarma therapy	54	50	48.5	97%
02	**Preconception, Conception & Early Pregnancy** Preparing for pregnancy; Conception in Garbhsanskar; Femininity balance for conception; Early days of pregnancy; Preventing the risk of miscarriage	54	50	46.5	93%
03	**Pregnancy Nutrition & Daily Care** Diet during pregnancy · fruits and vegetables during pregnancy; What and when an expectant mother should eat · the daily meal plan; Do's and don'ts during pregnancy; Essential activities for the expectant mother; Remedies for minor problems	54	50	48	96%
04	**Mind, Emotion & Environment** Nurturing the foetus · atmosphere at home; Healing music and meditation · music for Garbhsanskar; Book reading during pregnancy — what to read and what not to; Positive thinking and spiritual life during pregnancy; Grappling with emotions during pregnancy · how to de-stress	54	50	47	94%
05	**Prenatal Yoga & Physical Wellbeing** Yoga during pregnancy · walking during pregnancy; Sukhasana, Padmasana, Vajrasana · deep breathing and stretching; Prenatal yoga poses for every trimester; Benefits of yoga in pregnancy and what must be followed; Prenatal and postnatal yoga practice	54	50	47	94%
06	**Communication, Bonding & Family Roles** Culturing a foetus · communicating with the foetus; Educating the baby in the womb · baby's brain and IQ; Pre-birth bonding · how to talk to your unborn baby; Role of the father; Role of surroundings during pregnancy	45	50	48	96%
07	**Childbirth Preparation & Postpartum Care** Preparing for childbirth · natural childbirth; Understanding medical interventions during childbirth; Creating a birth plan · handling the fear of labour pain; Introduction to postpartum care · immediate care of newborn and mother; First breastfeeding · benefits and quality of breastfeeding; Sutika Paricharya — Ayurvedic practice; Physical and emotional changes · postpartum depression and sleep deprivation; Breast-milk production · effect of doshas on breast milk	45	50	48	96%
08	**Newborn Care, Nutrition & Child Development** Massage, bathing, Dhoop, clothing and sleep for the baby; Diet for the baby — Ksheerap, Ksheerannad and Annad guidelines; Rasayan (special herbs) and Ayurvedic tonics for the baby; Child development milestones, teething and weight; Music, toys, outdoor and imaginative play; Developing eating habits · speaking skills · common diseases	45	50	49	98%
09	**Artificial Intelligence in Garbhsanskar Ayurveda** NEW Session Planning · Pregnancy Education · Wellness Documentation · Responsible AI; Introduction to AI and Generative AI for Garbhsanskar educators; Prompt engineering for maternal-wellness education; AI-assisted trimester-wise educational content planning	45	50	46.5	93%
	Module Examinations — Sub-total	**450**	**450**	428.5	**95.2%**
10	**Project Work** 30-page applied project submitted at the end of the programme	150	200	185	92.5%
	GRAND TOTAL	**600**	**650**	**613.5**	**94.4%**

TOTAL MARKS	PERCENTAGE	GRADE	RESULT	DATE OF AWARD	CERT. ID
613.5 / 650	94.4%	A+	PASSED	XX-XX-XXXX	gihs-XXXX-XXXXX

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ENROLMENT

Three Flexible Learning Options

Programme	Duration	Indian Fee	International	Positioning
Certificate Program	3 Months	**₹22,999**	**450 USD**	Basic foundation programme — core knowledge first
Post Graduate Diploma Program	1 Year	**₹32,999**	**699 USD**	Advanced and career-oriented — full depth at a steady pace
Fast Track PG Diploma Program MOST CHOSEN	4 Months	**₹36,999**	**750 USD**	Same advanced syllabus — flexible, finish at your own pace

Both advanced options carry the same career-oriented syllabus and the same two international certificates. The Fast Track is simply flexible — finish as quickly as your own pace allows and step into a fast-growing job market sooner. The Certificate Program is the basic, foundation-level option.

Printed books are optional
Online study material is included with every enrolment. Add the printed books at enrolment if you would like them shipped.

₹2,999 additional (India) | **99 USD** additional (International)

EMI available on credit cards Convert your fee into easy monthly instalments — ask admissions when you enrol.

All modes of payment are available. Fees may be subject to applicable taxes, exchange rates or future revision.

What Our Candidates Say

★★★★★ 300+ Google reviews

"I recently completed my Post Graduation in Pregnancy and Child Care from GIHS and it was a wonderful experience."
Dr Fatema Ebrahim

"One of the best institutions... Course is carefully structured and detailed. Management is very well organised and prompt in assistance."
A V

"This course has been a game-changer for me, providing the knowledge and skills necessary to succeed on a global platform."
Akram Sabiq

"They have a very good independent study methodology and the subject matter is really good... the Institute of Health was a wise choice."
Andrea Del Pilar

"From the day 1 to till date Chethan assisted very well... the studies are very detailed and made interesting."
Sarah Lilly, MBA

Admission Procedure START ANY DAY

1. **Apply online — any day**
   Enrol at www.gihsonline.com / Apply Online. Admissions stay open all year — no batch to wait for.
2. **Confirm your fee**
   No hidden charges. Payment within 7 days of enrollment.
3. **Receive your study material**
   Online access within 48 hours; printed books shipped if you add them.
4. **Get your personal expert**
   A professional subject expert is assigned to you for lifetime support at no cost.
5. **Complete exam and project**
   Online examination plus a project submission.
6. **Receive your certificates**
   Two international certificates are awarded and shipped.

Who Can Enrol

LISTED ON THE GIHS COURSE PAGE

- All graduates and postgraduates
- MBBS / BDS / BHMS / BAMS / BPT / BUMS
- B.Pharm / M.Pharm / Pharmacy Professionals
- Occupational Therapists
- B.Sc. / M.Sc. & Life-Science Graduates
- Medical Laboratory Professionals
- Nursing Professionals
- Microbiology Professionals
- Biomedical / Biotechnology Professionals
- Yoga, wellness and nutrition professionals
- Professionals working with hospitals & healthcare organisations

ALSO OPEN TO

- Any graduate from any discipline
- Working professionals with relevant work experience
- Entrepreneurs planning to start a healthcare or allied venture
- Managers and administrators running a healthcare organisation

Any graduate, and any professional with relevant work experience, may enrol — including those who intend to start, run or manage a healthcare or allied organisation.

QUESTIONS

Frequently Asked Questions

What is Garbhsanskar?

It is the Indian tradition of preparing for a child before, during and after pregnancy — through diet, routine, yoga, emotional wellbeing, environment and family involvement.

Does the programme cover preconception as well as pregnancy?

Yes. Preparing for pregnancy, conception concepts and the early days of pregnancy are a full part of the syllabus, alongside trimester-wise care.

Does it cover postnatal care and newborn care?

Yes — Sutika Paricharya, postpartum physical and emotional changes, breastfeeding, newborn care, infant nutrition and child-development milestones.

Is prenatal yoga included?

Yes. Pregnancy yoga, pranayama, specific asanas, trimester-wise poses and safe-activity guidance are covered, with an emphasis on what must not be attempted.

Does the course make claims about the baby's intelligence?

No, and the AI module specifically teaches learners to identify and refuse that kind of claim. The programme teaches wellbeing, nutrition, environment and bonding — not guaranteed outcomes.

Can this replace antenatal medical care?

Never. The programme teaches antenatal-care awareness and referral, which means knowing when something belongs with an obstetrician rather than an educator.

Who can enrol?

Ayurveda, medical, nursing, nutrition, yoga and wellness professionals, and any graduate or experienced professional interested in maternal-wellness education.

Can working professionals enrol?

Yes. The programme is delivered online and by distance learning, with a Fast-Track option.

What is included in the programme fee?

Course material with the latest updates, online access within 48 hours, printed books shipped with your enrolment, a personal subject expert for life at no cost, the online examination and project assessment, and two international certificates on successful completion. There are no hidden charges.

Is the TopCV Coach access really free?

Yes. Every GIHS enrolment now includes complimentary TopCV Coach access worth ₹9,999 for professional resume building and interview skills, and your profile is posted on the TopCV website where a large recruiter network is active.

Can I use this programme to start my own practice or venture?

Yes, within your lawful professional scope. The Business & Entrepreneurship section of this brochure sets out the non-clinical services, education and consulting work the knowledge supports. Regulated clinical services require the appropriate qualification and authorisation.

I am not from a clinical background. Can I still enrol?

Yes. Any graduate from any discipline may enrol, as can working professionals with relevant experience, entrepreneurs and managers of healthcare or allied organisations.

No batch to wait for — start the day you enrol Admissions stay open every day of the year — enrol today and begin at once.

ABOUT THE INSTITUTE

Global Institute of Health Science

Global Institute of Health Science is a pioneer in health science education, especially in distance and online learning, with more than 15 years of experience and international exposure. GIHS is an ISO 21001:2018 certified health science institute, globally acclaimed, and certified with copyright approval from IPR, Government of India. GIHS also holds international certification from UASL UK for its Quality Control Management System.

- **Excellence for health professionals** — Programmes built around what healthcare employers actually ask for.
- **15+ years with international exposure** — A student and professional base across India, UK, USA, Canada, UAE, Russia and Australia.
- **ISO certified and government approved** — ISO 21001:2018, IPR Government of India copyright approval and UASL UK quality certification.
- **Lifetime free personalised tutoring** — A dedicated subject expert assigned to you at no cost, for life.

More Ways to Build Your Career

GIHS programmes help professionals get a strong start in the healthcare field. These courses are ad-hoc to a professional career and provide the additional benefit of being part of a global learning organisation.

Health Management Programs

- Health Informatics
- Hospital Administration
- Pharma Management
- Hospital Planning & Management
- Medical Transcription
- Nursing Management
- Public Health Administration
- Health Insurance
- Blood Banking Management
- Medico-Legal Systems
- Medical Laboratory Technology
- Medical Radiology Technology
- Quality Management for Hospitals
- Disaster Management for Hospitals
- Hospital Infection Control & Patient Safety
- Healthcare & Hospital Administration
- Medical Record Management
- Medical Scribe

Clinical Research Programs

- Clinical Research & Quality Assurance
- Pharmacovigilance & Medical Writing
- Clinical Research & Pharmacovigilance
- Clinical Data Management & SAS
- Regulatory Affairs, IPR & Patent
- Clinical Trials Management
- CRA & Site Management
- Study Start-Up & Site Activation
- Trial Supply & IP Management
- Biostatistics & Statistical Programming

Allied Medical Programs

- Mother & Child Health
- Mental Health & Addictions
- Nutrition & Dietetics
- Pregnancy Education
- Gynaecology & Obstetrics
- Electroencephalogram (EEG)
- Nuclear Medicine Technology
- Anaesthesia Management
- First Aid (CPR / Emergency Care)
- Electrocardiogram (ECG)

Environment, Health & Safety Programs

- Industrial Health & Hygiene
- Environment Health Safety & RM
- Occupational Health & Safety
- Industrial Safety
- Food Safety & Quality Management
- Oil & Gas Safety Engineering
- Process Safety & Engineering
- Fire & Industrial Safety Management
- Environment Social Governance (ESG)

Ayurveda & Homeopathic Programs

- Panchkarma: Ayurveda
- Garbhsanskar: Ayurveda
- Naturopathy & Yoga
- Siddha: Medicine
- Ksharsutra: Ayurveda
- Classical Homeopathy
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