

AYURVEDIC NUTRITION & DIETETICS PROGRAM



RAISE YOUR CAREER WITH GLOBALLY ACCLAIMED INSTITUTE



Global Institute Of Health Science[™]

www.gihsonline.com | info@gihsonline.com | +91-9033768588

AYURVEDIC NUTRITION AND DIETETICS

Global Institute of Health Science is a pioneer in health science education especially in distance & online education. Global Institute of Health Science is an ISO 21001:2018 Certified health science Institute & globally acclaimed, also certified with copyright approval from IPR Government of INDIA. GIHS have international certification from UASL UK for Quality Control Management System.

WHY CHOOSE US

- ✚ BRINGING EXCELLENCE TO HEALTH PROFESSIONALS
- ✚ 10+ YEARS OF EXPERIENCE WITH INTERNATIONAL EXPOSURE
- ✚ INTERNATIONAL ACLAIMED WITH ISO & GOVT APPROVED
- ✚ LIFETIME FREE PERSONALIZED TUTORING FOR SUCCESS

Ayurvedic Nutrition and Dietetics

course training and the program is a unique field to have a bright career and job opportunities in various sectors of the healthcare industry & many others like Nursing Care facilities, Recreation clubs / Health clubs, Catering departments of hotels, Small and big restaurants & canteens, Health department of the government, Research laboratory of food manufacturing units, Position of a lecturer or professor in a university or college, Private consultancies, Research, development, and social welfare department of the government, Position of a menu planner with catering units, restaurants, and hotels. Sometimes, food nutritionists are directly involved in the cooking of food for patients suffering special types of diseases which require special attention and Research positions in the fields of medicine, public health, and agriculture. GIHS is offering a chance to turn into an Ayurvedic Nutritionist for the people who comprehend that individuals are more cognizant and worried about their wellbeing.



SYLLABUS

Introduction to Human Biology and Body Functions.

Nutrients (Role and Significance)

Understanding Nutrition (Basic diets for normal conditions/RDA)

Advanced Nutrition

Introduction to Clinical Nutrition

Introduction to Ayurveda Science and its Principles

Role of Prakriti and Ayurvedic Lifestyle

Concept of Agni and Ama (Intermediate Metabolites) in Ayurveda

Understanding Concept of Ayurvedic and Modern Ahar

Ayurveda Ahar Guidelines and Seasonal Diet

Managing Lifestyle Disorders Through Ahar

Concept of Immunity in Ayurveda and its Relation with Ahar

Management of Disease Through Ayurvedic Ahar

Samskars in Cooking & Utensils Used in Ayurvedic Cooking

Impact of Junk Food and its Healthy Alternatives in Ayurveda

Kitchen Spices and their Therapeutic Uses

Myths in Society and Facts in Ayurveda and Dietary Substances

Practitioner Case Studies

Applied Nutrition & Dietetics

- Clinical Nutrition and Dietetics (Disease wise explanation)
- Nutrition for Maternal & Child Health
- Nutrition in Critical Care, Food Safety and Food Laws
- Non- Clinical Nutrition & Dietetics
- Understanding of diseases and case taking
- Food, Sport & Exercise Science

Nutrition Management

- Management of disease Prognosis
- Diet Plan Management & Formation
- Food Technology and Safety
- Patient Counselling
- History & Case taking
- Patient & Disease Management
- International & Public Health Nutrition
- Role of Nutritionist & Dietician and JOB Description with JOB SKILLS & PROFESSION

ADMISSION PROCEDURE

- Enrollment online: www.gihsonline.com / Apply Online
- Online Access for Study Content within 48 Hours of enrollment
- Shipping of books with Latest updates with every enrollment (optional)
- Will Assign Personalized Professional Expert for Lifetime with no COST
- Online exam and Project submission
- Will award and ship two international certificates

FEES DETAILS (All modes of payment available)

- Post Graduate Diploma Program (One Year) – 32999/- INR & Fees for International Candidates – 699 \$ USD
- Fast Track PG Diploma Program (4 Months) – 36999/- INR & Fees for International Candidates – 750 \$ USD

STUDY METHODOLOGY

- Freelance method of study
- Read the books
- Make notes of your queries
- Need to mail or contact to our expert
- Experts will resolve... via mail or via call or Can arrange Session based on your queries
- Experts will support for lifetime to raise your knowledge & Expertise
- Our content is totally based on live cases and Industries best practices

MODE OF EXAMS

- Login Details for online examinations after completion of the duration.
- 7 days to appear in online exams.
- Examination pattern would be Multiple Choice question MCQ
- PowerPoint project of minimum 30 pages of your own selected topic
- Successful Candidates would award with two certifications (DEGREE & TRANSCRIPTIONAL Degree)

PLACEMENT SUPPORT

Will Share your profile globally for career growth. With the support of GIHS programs more than 2000 professionals are working in healthcare industry and having strong student & professional base in India, UK, USA, Canada, UAE, Russia, Australia and more.



Global Institute Of Health Science

Certificate

This is to certify that
Afshin Nehan
completed the one year programme of
Post Graduate Diploma in
Ayurvedic Nutrition & Dietetics Management
offered by
Global Institute of Health Science.
during March 2022 to February 2023
Upon successful completion of the programme
POST GRADUATE DIPLOMA
IN
AYURVEDIC NUTRITION & DIETETICS MANAGEMENT
is awarded to him/her this day the 18th March 2023.



Cert. ID : 625dacc2c2b580

Academic Head

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Global Institute Of Health Science

POST GRADUATE DIPLOMA
IN
Ayurvedic Nutrition & Dietetics Management
(March 2022 to February 2023)

Afshin Nehan
GRADE SHEET & TRANSCRIPT

Human Biology and Body Functions. | Nutrients (Role and Significance)
Understanding Nutrition (Basic diets for normal conditions/RDA)
Advanced Nutrition | Clinical Nutrition | Ayurveda Science and its Principles
Role of Prakriti and Ayurvedic Lifestyle
Concept of Agni and Ama (Intermediate Metabolites) in Ayurveda
Understanding Concept of Ayurvedic and Modern Ahar
Ayurveda Ahar Guidelines and Seasonal Diet
Managing Lifestyle Disorders Through Ahar
Concept of Immunity in Ayurveda and its Relation with Ahar
Management of Disease Through Ayurvedic Ahar
Samskars in Cooking & Utensils Used in Ayurvedic Cooking
Impact of Junk Food and its Healthy Alternatives in Ayurveda
Kitchen Spices and their Therapeutic Uses | Practitioner Case Studies
Myths in Society and Facts in Ayurveda and Dietary Substances

Examination: 45/50

Project Work: 43/50

Total: 88/100

GRADE: A+



ISO 21001:2018



MHRD (Higher Education)
Reg No: SW - 12032/2018
CR Act 1957



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18/03/2023

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GIHS ADVANTAGE

GIHS provides best courses helps to get the start up in the healthcare field. These courses are ad-hoc to professional career and provides the additional benefit to be the part of an organization.

OTHER PROGRAMS

Health Management Programs

• Health Informatics	• Hospital Administration
• Pharma Management	• Hospital Planning & Management
• Healthcare Management	• Nursing Management
• Public Health Administration	• Health Insurance
• Blood Banking Management	• Medico-Legal Systems
• Medical Laboratory Technology	• Medical Radiology Technology
• Quality management for Hospital and healthcare organizations	
• Disaster management for hospitals and healthcare organizations	
• Hospital Infection Control & Patient Safety	

Clinical Research Programs

• Clinical Research & Quality Assurance GCP Audits / Inspections	• Pharmacovigilance & Medical/Scientific Writings
• Clinical Research & Pharmacovigilance	• Clinical Data Management & SAS
• Regulatory affairs IPR & Patent	• Clinical Trials Management

Allied Medical Programs

• Mother & Child Health	• Mental Health & Addictions
• Nutrition & Dietetics	• Medical Transcription
• Pregnancy Education	• Gynaecology & Obstetrics
• Electroencephalogram (EEG)	• Nuclear Medicine Technology
• Anaesthesia Management	• First AID (CPR/Emergency Care)

Environment Health & Safety Programs

• Industrial Health & Hygiene	• Environment Health Safety & RM
• Occupational Health & Safety	• Industrial Safety
• Food Safety & Quality Management	• Oil & Gas Safety Engineering
• Process Safety & Engineering	• Fire & Industrial Safety MGT

Ayurveda & Homeopathic Programs

• Panchkarma: Ayurveda	• Garbhsanskar: Ayurveda
• Naturopathy & Yoga	• Siddha: Medicine
• Ksharsutra: Ayurveda	• Classical Homeopathy
• Materia Medica: Homeopathy	• Repertory: Homeopathy

<https://www.youtube.com/@globalinstituteofhealthscience/videos>